Exercise capacity and septoplasty with inferior turbinate reduction

IRB Project Number: 1801018875

The Weill Cornell Medical College (WCMC) Department of Otolaryngology - Head and Neck Surgery is recruiting research subjects who experience nasal obstruction and difficulty exercising.

For more information email Sei Chung, MD syc9016@nyp.org

If eligible:
- You will complete surveys
- You will undergo Peak Nasal Inspiratory Flow testing (a simple instrument that quickly measures the patency of your nose)
- You will undergo exercise testing conducted at HSS Sport Rehabilitation and Performance Center

The purpose of this study is to demonstrate changes in exercise capacity in healthy adults after undergoing septoplasty and inferior turbinate reduction.