



WCMC IRB

Approval Date: 08/12/2020

Expiration Date: 10/07/2020

**Weill Cornell
Medicine**

Seeking research subjects for ENT Study

If eligible:

- You will complete surveys
- You will undergo Peak Nasal Inspiratory Flow testing (a simple instrument that quickly measures the patency of your nose)
- You will undergo exercise testing conducted at HSS Sport Rehabilitation and Performance Center

Exercise capacity and septoplasty with inferior turbinate reduction

**IRB Project Number:
1801018875**

The Weill Cornell Medical College (WCMC) Department of *Otolaryngology - Head and Neck Surgery* is recruiting research subjects who experience nasal obstruction and difficulty exercising.

For more information email Sei Chung, MD syc9016@nyp.org

The purpose of this study is to demonstrate changes in exercise capacity in healthy adults after undergoing septoplasty and inferior turbinate reduction.

